## EL/Civics Lesson Plan

Program Name: Washington Local ABLE/ESOL Staff Responsible for Lesson Najwa Badawi

Date(s) Used	May 2010
Civics Category	II. Civic participation
Civics Objective	10. Community resources: Service
Time Frame to Complete Lesson	1 hour
EFL(s)	Level 4, 5, 6
Standard(s)/Components of Performance	Read With Understanding/Convey Ideas in Writing
Benchmark(s)	R.1-R.6 for all 3 levels , W.1-W.6 for 3 levels
Materials	Attached Poem, dictionary
Activities	<ol> <li>Pass out poem.</li> <li>Read it to students.</li> <li>Clarify difficult vocabulary words.</li> <li>Students take turn reading it silently, then out loud.</li> <li>Read the instructions.</li> <li>Give them time to write down ideas.</li> <li>Students will take turns going up in front and reading their answers, one student- one verse.</li> </ol>
Assessment/ Evidence	Good way to interact and share ideas and thoughts with others.
Reflection	insightful

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## Najwa Badawi, Washington Local EL/Civics Program

This poem was first published in 1912. It appeared in the book, *Your Forces and How to Use Them* by Christian D. Larson. Mr Larson was a writer and a speaker who believed that with a positive attitude, people can achieve so much in life.

Read the following poem. On the line provided, write down what you think each verse means.

## Promises to Yourself by Christian Larsen

Promise yourself to be so strong that nothing can disturb your peace of mind.
To talk health, happiness, and prosperity to every person you meet.
To make all your friends feel like there is something in them.
To look at the sunny side of everything and make your optimism come true.
To think only of the best, to work only for the best, and expect only the best.
To be just as enthusiastic about the success of others as you are about your own.
To forget the mistakes of the past and press on the greater achievements of the future.
To wear a cheerful countenance at all times and give every living person you meet a smile.
To give so much time to the improvement of yourself that you have no time to criticize others.
To be too large for worry, too noble for anger, and too strong for fear, and too happy to permit the presence of trouble.
.Which one is most important to you? Why?