

Visual Learner _____ %

If you are a visual learner, you learn by seeing pictures. You understand and remember things by sight. You can picture what you are learning in your head. You like to see what you are learning. As a visual learner, you often close your eyes to visualize or remember something, and you will find something to watch if you become bored. You may have difficulty with spoken directions and may be easily distracted by sounds. You are attracted to color and to spoken language (like stories) that you can picture in your mind.

Here are some study tips for visual learners like you.

- Sit near the front of the classroom. .
- Use flashcards to learn new words.
- Try to visualize (picture) things that you hear or things that are read to you.
- Write down key words, ideas, or instructions.
- Draw pictures to help explain new concepts and then explain the pictures.
- Color code things.
- Avoid distractions during study times.
- Remember that you need to see things, not just hear things, to learn well.

Auditory Learner _____ %

If you are an auditory learner, you learn by hearing and listening. You understand and remember things you have heard. You store information by the way it sounds, and you have an easier time understanding spoken instructions than written ones. You often learn by reading out loud because you have to hear it or speak it in order to know it. As an auditory learner, you probably hum or talk to yourself or others if you become bored.

Here are some study tips for auditory learners like you.

- Sit where you can hear.
- Use flashcards to learn new words; read them out loud.
- Record yourself spelling words and then listen to the recording.
- Attend class where things are explained or learn using websites with sound.
- Study new material by reading it out loud.
- Remember that you need to hear things, not just see things, in order to learn well.

Tactile Learner _____ %

If you are a tactile learner, you learn by touching and doing. You understand and remember things through physical movement. You are a “hands-on” learner who prefers to touch, move, build, or draw what you learn, and you tend to learn better when some type of physical activity is involved. You need to be active and take frequent breaks, you often speak with your hands and with gestures, and you may have difficulty sitting still. As a tactile learner, you like to take things apart and put things together, and you find reasons to tinker or move around when you become bored.

Here are some study tips for tactile learners like you.

- Participate in activities that involve touching, building, moving, or drawing.
- Do lots of hands-on activities like completing art projects, taking walks, or acting out stories.
- Chew gum, walk around, or rock in a chair while reading or studying.
- Use flashcards and arrange them in groups to show relationships between ideas.
- Take frequent breaks during reading or studying periods (frequent, but not long).
- Tap a pencil, shake your foot, or hold on to something while learning.
- Use a computer to reinforce learning through the sense of touch.
- Remember that you learn best by doing, not just by reading, seeing, or hearing.